



## About Concentra Telemed

Concentra Telemed® is the first telemedicine platform designed for work-related injuries and illnesses. Since its launch in 2017, thousands of employees nationwide have trusted Concentra Telemed to connect with our licensed Concentra® clinicians for the right care at the right time using video technology. Employees receive prompt attention to relatively minor work-related medical issues, work injury rechecks, and more.

### Treatable Condition

- Grade I/II upper/lower extremity strains/sprains
- Minor neck and back strains/sprains
- Bruises/contusions
- Minor burns
- Abrasions/scrapes
- Contact dermatitis/rashes
- Tendonitis/repetitive-use injuries
- Bloodborne pathogen exposures

### Other Concentra Telemed Services

- Physical therapy
- COVID-19 return-to-work evaluations
- Transfer-of-care evaluations

Available through workers' compensation programs for initial injuries and through nurse triage should your program include it, Concentra Telemed can be a valuable component to your workplace injury program and process.

### Concentra Telemed Advantages

**Expertise.** Concentra clinicians are trained to deliver quality occupational health care. A Concentra Telemed virtual visit offers the same level of care as delivered in person at our medical centers.

**Convenience.** Employees have 24/7 access to a licensed Concentra clinician from their smartphones, computers, or tablets – no need to worry about clinic hours or travel time/distance.

**Enhanced functionality.** Our platform offers an exceptional patient experience with streamlined user options for fewer clicks, limited downtime for scheduled maintenance, and the ability to add guests via video.

**Complete care.** Concentra Telemed is designed to provide full treatment of most minor work injuries without the need to refer a patient to a Concentra medical center.

**Continuum of care.** Should a telemedicine patient require hands-on care, we can continue treatment in a nearby Concentra medical center with minimal delay.

**One process, regardless of care location.** Whether an employee receives in-person care at a Concentra medical center or uses Concentra Telemed, you use the same treatment authorization and billing processes, and receive the same activity status reporting.

### How to Access Concentra Telemed

After you get hurt at work, report your injury to your supervisor. Your supervisor will call the nurse triage line @ 844-322-4662. Nurse triage determines if you can use Concentra Telemed or need to be seen in person.

To use Concentra Telemed, employees will need the following:

- Access to a quiet, private location for the visit.
- A computer, smartphone, or mobile device with a webcam and microphone.
- A valid photo ID or driver's license.
- An active email address and password of their choosing.
- An internet connection.

**Web and Mobile.** Go to [www.concentratelemed.com](http://www.concentratelemed.com) from your laptop or mobile device.

**App.** Go to the Apple [App Store](#) or [Google Play](#) and download the Concentra Telemed app.

### Get Concentra Telemed at Your Workplace

Find out if Concentra Telemed is [available in your state](#).

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Telemed